



# FLORIDA GEORGIA BLOOD ALLIANCE

*Saving Lives Begins At Home*

## Important Information about West Nile Virus Florida Georgia Blood Alliance

West Nile virus is transported to humans through mosquito bites from infected mosquitoes. If you have now or within the previous two weeks have had any of the following symptoms, please *do not donate blood today*:

- Fever above 101°F
- Nausea or GI problems
- Body aches or muscle pain
- Unexplained headache
- Malaise
- Rash

Also, if you develop these symptoms in the two weeks following your blood donation, *please call us at 353-8263* so that your donation may be withdrawn from use.



To protect yourself from mosquito bites, observe the following recommendations:

- Avoid outdoor activities at dusk and dawn, when mosquitoes are most active
- If you must be outdoors, wear long sleeves and pants, or use an insect repellent containing DEET or something comparable
- Eliminate all sources of standing water around your home; these serve as breeding grounds for mosquitoes
- Make sure that screen doors and windows are in good repair